

## Green Studios Unite

Yoga Swami in Encinitas, along with other yoga studios all over the country, is taking part in the Green Studios Program to develop a more sustainable practice. For five months, participating studios will share with each other via tele-

conference to learn from each other and from experts in business and environment about walking with a lighter footfall. Topics include new construction, renovation, reducing toxins, energy use and recycling. Past participating studios have changed to VOC-free paint, switched to PVC-free mats, incorporated nontoxic cleaning products and provided filtered water.

The goal is twofold: decreasing the environmental impact of yoga studios, and helping students lead more environmentally-conscious lives.

Yoga Swami is a donation-based studio and all classes take place in a yurt that is the heart of the kula. *yogaswami.com*. *The Green Studios Program is sponsored by Green Yoga Association, Green Home, and Yoga Off The Mat Into the World. greenyoga.org* —Mara Weiner-Macario